



TRAIL

Winter
2010

North Shore Horse and Pony Association

The North Shore Horse and Pony Association was formed in 1975 to ensure that horses and horseriding activities continue to form a vital part of the community and lifestyle in Terrey Hills/Duffys Forest and in Ku-ring-gai and Garigal National Parks.

Please become a member and join us in our efforts.

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To find out more about the North Shore Horse and Pony Association, contact us:

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President: Leonie Cains 9879 6709 Secretary: Mal Wilson 9450 0546

RIDING IN PORTUGAL

Jill Severn



Last year Jeanette Sims and I, spent 6 glorious days, galloping across Portugal on beautiful Lusitano horses.

We rode well schooled mounts with forward going walks, rhythmical canters and enjoyed many gallops on 250km worth of trails through the Alentejo all on long sandy dirt tracks and no bitumen.

Some canters were up to 10km long, through whole villages without stopping only waving to the locals, unless of course stopping at the "Local Bar" and then only to climb back onto foam saddles covered in sheepskin to continue on through beautiful scenery and forests.

This trip is a circular route between Grandola, Santiago do Cacem and the coast at Santa Andre it also included a boat trip to see the dolphin community which lives permanently in the Sado Estuary. Riding on the sandy tracks of the

cork plantations on to the pine and eucalyptus forests and on to the red ground of the hills of Grândola.

Galloping on the 70km beach, with surf splashing in the glorious southern European summer before reaching lovely picnic spots in the pine forests where the horses rested while riders enjoyed a full on lunch with wine included and a swim in the ocean. Evenings of course were at wonderful local Haciendas with again delicious food and entertainment.

One ride took our group of nine onto the beautiful Santa Andre Lagoon where the girls swam with flamingos and storks. Splashing through rice fields of the area, which apparently in late summer prior to harvest are an astonishing colour of green.

The undulating landscape of the Serra of Grândola and picturesque villages are a sight to be seen and

even more exciting from horse back. At the farewell dinner everyone realised what a fantastic time the 6 British girls (plus 2 Aussies & a Swiss) had all had. It was relaxing and heaps of fun. We thoroughly recommend this brilliant way to see Portugal.

SAFETY FIRST: THE NEED TO BE SEEN

This is a reminder to please be careful riding anywhere near cars and roads during the day, but especially in the early morning, twilight and in darkness.

We encourage you to wear bright clothing or reflective vests or strips on some part of your, or your horses body, so that you can be seen in plenty of time by motorists and truck drivers.

SEEKING YOUR SURPLUS CHAFF BAGS

Peggy Brown of The NSW Animal Welfare League is in need of your chaff bags. If you have empty ones lying around the shed she would be grateful for them, they can be dropped off to her at the Manly/Warringah Animal Welfare, 160 Mona Vale Road, Ingleside, or alternatively give her a call on 9913 8731

*A thousand horse and none to ride!
With flowing tail, and flying mane,
Wide nostrils never stretched by pain,
Mouths bloodless to the bit or rein,
And feet that iron never shod,
And flanks unscarred by spur or rod,
A thousand horse, the wild, the free,
Like waves that follow o'er the sea,
Came thickly thundering on.*

(Lord Byron, XVII, Mazeppa, 1818)

Anembo Reserve Public Horse Riding Arena Restoration Project 2010



SPONSOR A LOG TODAY! Help buy telegraph poles and support your arena!

Sponsor a log for \$50 and get your name up in lights! (well, paint anyway!) for a great cause and to make sure we can all continue to ride safely at Anembo Reserve on our fantastic arena. Better still! Sponsor a log in the name of your horse or pony and see his or her name up there as an Anembo Arena Supporter!

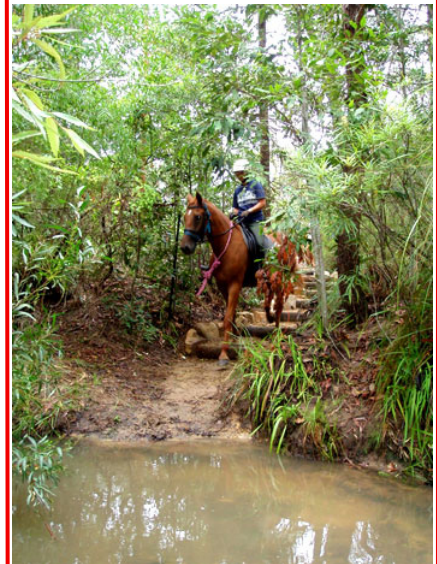
Silver, Gold and Platinum Sponsorships are available too!

For more information or to sponsor a log or make a donation, please contact: Jenny Harris of the DUFFYS FOREST RESIDENTS ASSOCIATION on 9450 1206, or mail your details to P.O. Box 567 Terrey Hills 2084 with payment by cheque or internet BSB: 032 188 / ACCOUNT: 313012 (don't forget to send us your details and date of payment!). You can also contact your local riding club: Forest Hills Pony Club, Northside Riding Club or North Shore Horse and Pony Association for more information.

Warning! *Several carrots were consumed during the taking of this photograph*

NSHPA NOW HAS A WEBSITE

<http://www.nshpa.org.au>



North Shore Horse & Pony Association now has a visible presence on the Internet.

Our site has been up and running since early January.

To access our website:

you will need to type

<http://www.nshpa.org.au>

into a new browser window

The phone number for the National Parks & Wildlife Service if you encounter trail bikes, or fallen trees on the trails is 9472 8949 which is a multi answer phone service.



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Please send this form plus your subscription fee when renewing or applying for membership

2010

MEMBERSHIP RENEWAL/APPLICATION

Annual subscriptions (beginning 1st January) to the NSHPA can be sent to:

The Treasurer, P.O. Box 333, Terrey Hills, 2084, or
for renewals without any changes of details, you can now EFT your subscription to NSHPA at:

BSB: 112 879

ACCOUNT: 127 223 252

If paying by EFT please send us an email with your name and date of your payment:

Email: nshandpa@gmail.com

\$20 Single \$30 Family \$55 Club

Name

Address

..... P/Code

Telephone Home Bus Mobile

E-mail

I would be interested to know about and perhaps participate in working bees!

Yes.....No

As most people are aware, we are constantly forced to protect our access to trails in the National Parks. NSHPA needs your support with membership if we are to have a louder voice when negotiating to keep trails open in the National Parks and local horse facilities maintained.

Save our trails, help to keep the roadways safe for us and our children when on horseback.

Meetings are held 1st Monday of each month

all members are encouraged to attend.